

WELCOME NEIGHBOR

# Chuck's

## FRESH MARKETS

FRESH *is* BETTER = HERE =



**\$3.99**  
LB.

Red or Green  
Seedless Grapes



**99¢**  
EA.  
5 LB. BAG

Northwest Grown  
Russet Potatoes



**\$4.99**  
EA.  
1 DOZEN

Willamette Egg Farms  
Organic Cage Free Brown Eggs  
Large AA



**\$2.99**  
EA.

Oroweat Wide Pan Breads  
24 oz. Buttermilk, Country White,  
Multi Grain or 100% Whole Wheat



**\$3.99**  
EA.  
1 LB. CONTAINER

Organic Strawberries

**PICK 5**  
Meat & Seafood  
**SALE!**

Must Purchase  
in Groups of 5 in  
the Specifically  
Marked Packages  
**\$29.99**  
MIX OR MATCH

**PICK 5**  
MIX OR MATCH  
**\$29.99**

LOOK FOR  
THE STICKER!



Local Boneless Beef  
Cross Rib Steaks  
Double R Ranch

**PICK 5**  
MIX OR MATCH  
**\$29.99**



Local Boneless Skinless  
Chicken Breasts  
Draper Valley Farms

**PICK 5**  
MIX OR MATCH  
**\$29.99**



Local Boneless  
Pork Loin Chops  
Carleton Farms 100% Natural

**PICK 5**  
MIX OR MATCH  
**\$29.99**



Marinated Sockeye  
Portion Varieties  
16 oz. Orca Bay

**PICK 5**  
MIX OR MATCH  
**\$29.99**

**MORE ITEMS TO CHOOSE FROM INSIDE!**

\*Purchases of less than 5 will ring up at regular price. While supplies last. Special cuts and orders not included. Prices good through promotion.

SCAN TO JOIN FRESHMAIL!  
Exclusive Savings + Digital Weekly Ad



**instacart**  
GET THE BEST OF FRESH, DELIVERED TO YOUR DOOR.



EVERY TUESDAY  
**10% SENIOR DISCOUNT WITH I.D.**

Prices Good Wednesday May 13 Through Tuesday May 19, 2026

Chuck's Hours: 7am-10pm Everyday!

Photos for illustrative purposes only. We reserve the right to correct printing errors. All limits are per household. No sales for resale or restaurants.

# ORGANIC PRODUCE

PRICES YOU CAN FEEL GOOD ABOUT. QUALITY YOU CAN TRUST.



**\$1.79**  
LB.



**Organic Fuji Apples**  
USDA Certified



**2 \$5**  
for



**Organic Mangos**  
USDA Certified



**5 \$5**  
LB. for



**Organic Russet Potatoes**  
USDA Certified



**\$2.29**  
LB.



**Organic Navel Oranges**  
USDA Certified



**\$1.99**  
LB.



**Organic Green Cabbage**  
USDA Certified



**\$4.99**  
LB.



**Organic Yellow Peaches**  
USDA Certified

# FRESH PRODUCE

COME VISIT NANCY-PRODUCE



**\$4.99**  
EA.

**Bonduelle Bistro Salads**  
4.5-10.75 oz. Assorted Varieties



**\$1.29**  
LB.

**Cantaloupes**



**69¢**  
EA.

**Green Onions**



**2\$5**  
for

**Large Gem Avocados**



**79¢**  
LB.

**Yellow Onions**



**\$1.49**  
LB.

**Pink Lady Apples**

# KITCHEN & BAKERY

COME VISIT EMILY-BAKERY



**New!**

**\$13.99**  
LB.

Boar's Head  
The Fryer's Turkey  
Deep Fried, Sliced to order!

**\$8.99**  
LB.

Boar's Head  
Pepper Jack Cheese  
Sliced to order!

**New!**

**\$9.99**  
EA.

ADD WAFFLE FRIES \$2

Chuck's Western  
Smokehouse Ciabatta Burger  
Fresh from the grill!

**Gold Plump**

**\$7.99**  
EA.

WHILE SUPPLIES LAST

Fresh Rotisserie Chicken  
Marinated & Seasoned  
Raised simply & naturally with  
no antibiotics or added hormones

**Little Samurai's**  
SUSHI

**\$7.79**  
PKG.

California Sushi Roll  
11 oz. Made Fresh Daily!

**PICK 5**  
CHARCUTERIE

Pick 5 Specially Marked  
Charcuterie Items for  
**\$29.99**  
mix/match

Pick 5 for \$29.99

**BAKED TO  
PERFECTION**

**2 \$5**  
for

Chuck's Signature  
French Bread  
Made In-House  
by our Artisan Bakers!

**\$4.99**  
PKG.  
4 COUNT

Chuck's Signature  
Sugared Shortcake Biscuits  
Made In-House  
by our Artisan Bakers!

**\$24.99**  
EA.

Chuck's Signature  
Raspberry Poppy Seed Cake  
6 inch Double Layer  
Made by our Cake Decorators!

# MEAT & SEAFOOD

COME VISIT CHARLES-MEAT & SEAFOOD



**PICK 5**  
Meat & Seafood  
**SALE!**

**PICK 5**  
MIX OR MATCH  
\$29.99

**LOOK FOR THE STICKER!**

**PICK 5**  
MIX OR MATCH  
\$29.99

Local 80% Lean Ground Beef  
Double R Ranch NW Beef

**PICK 5**  
MIX OR MATCH  
\$29.99

Local Boneless Beef for Stew  
Double R Ranch

**PICK 5**  
MIX OR MATCH  
\$29.99

Aidells Gourmet Chicken Sausage  
12 oz. Naturally Smoked

**PICK 5**  
MIX OR MATCH  
\$29.99

Wild Frozen Ahi Tuna Steaks  
16 oz. Orca Bay

**PICK 5**  
MIX OR MATCH  
\$29.99

Cloverdale Smoked Bacon  
12 oz. Assorted Varieties

**PICK 5**  
MIX OR MATCH  
\$29.99

Frozen Salmon Portions  
16 oz. Arctic Shores

**PICK 5**  
MIX OR MATCH  
\$29.99

Hill's Premium Sausage  
16 oz. Pork Hot & Mild Italian, Chili & Paprika or Brats

**PICK 5**  
MIX OR MATCH  
\$29.99

Frozen Tilapia  
16 oz. Arctic Shores

**PICK 5**  
MIX OR MATCH  
\$29.99

Chicken Nuggets, Tenders or Patties  
22.5-24 oz. Fast Fixin'

**PICK 5**  
MIX OR MATCH  
\$29.99

Raw EZ Peel Shrimp  
16 oz. 31/40 ct. Frozen Arctic Shores

**PICK 5**  
MIX OR MATCH  
\$29.99

Nathan's Beef Franks  
12 oz. Selected Varieties

**PICK 5**  
MIX OR MATCH  
\$29.99

Frozen Seafood Medley  
16 oz. Aqua Star

**PICK 5**  
MIX OR MATCH  
\$29.99

Local Gourmet Thick Sliced Bacon  
10 oz. Uncured Applewood

**PICK 5**  
MIX OR MATCH  
\$29.99

Hart Foods Authentic Cuisine  
20-32 oz. Assorted Varieties

## LIQUOR & SPIRITS



**\$23.99**  
EA.

Jack Daniel's Whiskey  
750 ml.  
plus tax



**\$10.99**  
EA.

Platinum Vodka  
750 ml.  
plus tax



**\$9.99**  
EA.

Terminal Gravity Local Ales  
6 Pack



**\$8.99**  
EA.

Everybody's Brewing Local Ales  
6 Pack



**\$19.99**  
EA.

Willamette Valley Vineyards Whole Cluster Pinot Noir  
750 ml. Locally Made



**\$8.99**  
EA.

Ménage à Trois Red Blend Wines  
750 ml. Selected



**\$11.99**  
EA.

Tieton Local Ciders  
6 Pack

# GROCERIES



COME VISIT JO-CASHIER

**\$2.99**  
EA.

Local  
Umpqua Lactose Free Milk  
64 oz. Whole or 2%

**\$3.99**  
EA.

Brown Cow Cream Top  
Whole Milk Yogurt  
32 oz. Assorted Varieties

**\$1.99**  
EA.

Local  
Umpqua Half & Half  
32 oz.

**\$4.99**  
EA.

Talenti Gelato or Sorbetto  
16 oz. Assorted Varieties

**\$4.99**  
EA.

Seattle Sourdough  
Rounds or Breads  
18-32 oz. Selected Varieties

**\$3.99**  
EA.

Califia Farms  
Dairy Free Creamer  
25.4 oz. Assorted Varieties

**\$5.49**  
EA.

Primal Kitchen  
Dressings  
8 oz. Assorted Varieties

**\$2.99**  
EA.

Dash Seasoning Blends  
2.4-2.6 oz. Assorted Varieties

**\$1.99**  
EA.

Lotus Foods  
Rice Ramen  
2.8 oz. Assorted Varieties

**\$3.49**  
EA.

Frontera Salsas  
16 oz. Assorted Varieties

**\$3.99**  
EA.

San-J Sauces  
10 oz. Assorted Varieties

# GROCERIES



COME VISIT JUNE-CASHIER

**\$5.99**  
EA.

NO ARTIFICIAL COLORS, FLAVORS, OR PRESERVATIVES  
4g PROTEIN PER SERVING  
INSTINCTIVELY GOOD  
SECOND NATURE  
\* HIGH IN ANTIOXIDANT VITAMIN E  
DARK CHOCOLATE MEDLEY

Second Nature Trail Mixes  
10-14 oz. Assorted Varieties

**\$2.99**  
EA.

USDA ORGANIC  
QUE PASA ORGANIC  
avocado oil  
BLUE CORN TORTILLA CHIPS  
avocado oil  
WHITE CORN TORTILLA CHIPS

Que Pasa Organic Tortilla Chips  
6.5-7.5 oz. Assorted Varieties

**\$2.99**  
EA.

ANGIE'S  
BOOM CHICKA POP  
WHOLE GRAIN  
60 CALORIES PER CUP  
NON-GMO  
GLUTEN FREE  
CHEDDAR CHEESE POPCORN  
REAL, SIMPLE INGREDIENTS. NOTHING FAKE.

ANGIE'S  
BOOM CHICKA POP  
WHOLE GRAIN  
35 CALORIES PER CUP  
NON-GMO  
GLUTEN FREE  
LIGHT KETTLE CORN  
50% LESS FAT & 15% LESS CALORIES THAN REGULAR KETTLE CORN  
REAL, SIMPLE INGREDIENTS. NOTHING FAKE.

Angie's Boom Chicka Pop Popcorn  
4.4-7 oz. Assorted Varieties

**2\$7**  
for

OIKOS PROTEIN SHAKE  
30g PROTEIN  
1g SUGAR  
NO ARTIFICIAL SWEETENERS  
5g PREBIOTIC FIBER

Oikos Protein Shakes  
12 oz. Assorted Varieties

*Wild Harvest* REAL FOOD • REAL VALUE  
Wild Harvest offers quality, convenience, and cost savings you can feel good about using for the whole family.

**\$2.99**  
EA.

USDA ORGANIC  
Wild Harvest organic  
YELLOW MUSTARD

Wild Harvest Organic Mustards  
12 oz. Assorted Varieties

**\$3.99**  
EA.

USDA ORGANIC  
Wild Harvest organic  
INSTANT OATMEAL CINNAMON SPICE

Wild Harvest Organic Instant Oatmeal  
8 Pack

**2\$5**  
for

KEVITA PROBIOTIC REFRESHER SPARKLING DRINK  
STRAWBERRY AÇAÍ COCONUT  
LIVE PROBIOTICS  
30 PROBIOTICS PER SERVING

Kevita Sparkling Probiotic Drink  
12 oz. Assorted Varieties

**\$10.99**  
EA.

USDA ORGANIC  
Wild Harvest organic  
COLD PRESSED EXTRA VIRGIN OLIVE OIL

Wild Harvest Organic Extra Virgin Olive Oil  
25.4 oz.

**\$5.99**  
EA.

USDA ORGANIC  
Wild Harvest organic  
THAI JASMINE RICE

Wild Harvest Organic Basmati or Jasmine Rice  
32 oz.

# WELLNESS

COME VISIT KRISTEN-WELLNESS



**\$13.99**  
EA.

Cure Hydration  
Adult Electrolyte Drink Mixes  
8 Count  
Delicious way to balance  
electrolytes. Available in 4 flavors.



**\$11.49**  
EA.

Earth Science Olive & Avocado  
Shampoo or Hair Masque  
6 oz.  
Color-safe hair care that cleans  
and deep conditions dry,  
damaged hair.



**\$12.99**  
EA.

Earth Science  
CeramedX Restoring Body Lotion  
12 oz.  
With plant-based ceramides and  
hyaluronic acid to rejuvenate dry skin.



**\$25.99**  
EA.

Sunwarrior Unflavored  
Creatine Powder  
10.58 oz.  
Helps boost workout  
performance and muscle recovery.  
Vegan and soy-free.



**\$18.99**  
EA.

Yerba Prima  
Psyllium Husks Powder  
12 oz.  
Non-GMO, gluten-free insoluble fiber  
to support colon and heart health.



**\$22.99**  
EA.

Natural Factors  
Ultimate Probiotic  
60 Count  
With 12 research supported strains  
to support gut and immune health.

## CHUCK'S POTTING SHED

**\$12.99**  
EA. 5 Stem Cut  
Peonies  
*\*subject to availability*



**\$14.99**  
EA. Dozen Red or  
Assorted Color Roses  
*Does Not Include Vase or  
Greens. Selected Colors.  
Arranged Roses Available at  
Market Pricing.*



**BULK  
FOODS**

SKIP THE COST OF PACKAGING WHEN YOU BUY IN BULK!



**\$2.99**  
LB.  
GRIND YOUR  
OWN NATURAL  
PEANUT BUTTER  
NO ADDITIVES, JUST PURE PEANUTS!



**15%  
OFF**

All Bulk Nuts

## MONTH LONG HOT BUYS!

LAND O' FROST  
SHAVED DELI MEATS  
7.5-9 OZ. ASSORTED VARIETIES  
**\$2.98 EA.**

BBQ  
BAKED BEANS  
KITCHEN FRESH  
**\$4.98 LB.**

ST. PIERRE  
BRIOCHE BUNS  
7-9.5 OZ. ASSORTED VARIETIES  
**\$4.98 EA.**

CLASSIC  
GUACAMOLE  
16 OZ. PRODUCE DEPARTMENT  
**\$4.98 EA.**

BONEYARD  
LOCAL ALES  
6 PACK SELECTED VARIETIES  
**\$9.98 EA.**

NAKED  
ORGANIC BREADS  
20-27 OZ. ASSORTED VARIETIES  
**\$3.98 EA.**

ESSENTIAL EVERYDAY  
PASTA  
12-16 OZ. ASSORTED VARIETIES  
**98¢ EA.**

LA CROIX  
SPARKLING WATER  
8 PACK ASSORTED VARIETIES  
**\$3.98 EA.**

[www.chucksfm.com](http://www.chucksfm.com)

SALMON CREEK 2302 NE 117TH ST.  
(360) 597-2160

MILL PLAIN 13215 SE MILL PLAIN BLVD.  
(360) 597-2700