

WELCOME NEIGHBOR

Chuck's

FRESH MARKETS

FRESH *is* BETTER *= HERE =*



99¢
LB.

NW Grown
Gala Apples



59¢
LB.

Russet Potatoes



\$3.99
LB.

PORKETTA \$4.99 LB.

Local Boneless
Pork Shoulder Roast
Carlton Farms 100% Natural

Our Porketta is Hand
Seasoned In-House with our
Signature Recipe Blend,
only at Chuck's!



\$4.99
LB.

VALUE PACK

Local Boneless Pork
Loin Chops or Roast
Carlton Farms 100% Natural



49¢
LB.

NW Grown
Green Cabbage



\$3.99
LB.

TWIN PACK

Local Pork Back Ribs
Carlton Farms 100% Natural



\$3.99
LB.

TWIN PACK

Local Boneless Whole
Pork Tenderloins
Carlton Farms 100% Natural



\$5.99
EA.

Local Assorted Pork
Smoked Sausages
Carlton Farms 100% Natural



\$4.99
EA.

Zenner's Local
Pork Sausage Links
16 oz. Maple or Breakfast



\$6.99
EA.

Cloverdale
Smoked Bacon
16 oz. Assorted Varieties



\$5.99
EA.

Local Hill's Premium Meats
Ground Pork Sausage
16 oz. Assorted Varieties

SCAN TO JOIN FRESHMAIL!
Exclusive Savings + Digital Weekly Ad



instacart
GET THE BEST OF FRESH, DELIVERED TO YOUR DOOR.



EVERY TUESDAY
10% SENIOR DISCOUNT WITH I.D.

Prices Good Wednesday September 23 Through Tuesday September 29, 2026 Chuck's Hours: 7am-10pm Everyday!

Photos for illustrative purposes only. We reserve the right to correct printing errors. All limits are per household. No sales for resale or restaurants.

ORGANIC PRODUCE



FRESH PRODUCE

COME VISIT COURTNEY-PRODUCE



\$2.99
EA.

Natalie's Juices
12 oz. Assorted Varieties



\$1.99
LB.

Roma Tomatoes



\$4.99
EA.

Taylor Farms
Chopped Salad Kits
9.25-13.2 oz. Assorted Varieties



4\$5
for

Red, Yellow or
Orange Bell Peppers



4\$5
for

Hass Avocados



\$1.99
LB.

Cara Cara
Navel Oranges

KITCHEN & BAKERY

COME VISIT SHERRI-DELI/COFFE BAR



Ask for a sample and see why fresh-sliced matters!

\$6⁹⁹ LB.

Double L Ranch Honey Ham
Sliced to order in the Deli!

SEPTEMBER 23RD IS NATIONAL CHICKEN POT PIE DAY!

Blount's Family Kitchen Chicken Pot Pies 12 oz. Assorted Varieties

\$5⁹⁹ EA.

30 oz. Family Size \$14.99 ea.

\$5⁹⁹ EA.

Blount's Family Kitchen Beef Shepherd's Pie 10 oz.

BUY 1. GET 1 FREE!

1/3 lb. Beef Patty • Honey Bourbon BBQ Sauce • Ciabatta Bun • Tillamook Smoked Cheddar Cheese • Crispy Onion Straws • Daily's Applewood Bacon

Our Western Smokehouse Ciabatta Burger
Fresh from the grill!

Gold'n Plump

\$8⁹⁹ EA.

Fresh Rotisserie Chicken
Marinated & Seasoned
Raised simply & naturally with no antibiotics or added hormones

\$8⁹⁹ LB.

Innovasian Cuisine
Create Authentic Asian Meals with Minimal Preparation!

\$12⁹⁹ PKG.

Crunchy Mango Habanero Shrimp Sushi Roll
11 oz. Made Fresh Daily!

Little Samurai's

BAKED TO PERFECTION

\$6⁹⁹ PKG. 12 COUNT

Our Signature Oatmeal Raisin Cookies
Made In-House by our Artisan Bakers!

\$7⁹⁹ PKG. 4 COUNT

Our Signature Cinnamon Rolls
Made In-House by our Artisan Bakers!

\$22⁹⁹ EA.

Our Signature Oh Fudge Cake
6 inch Double Layer
Made In-House!

MEAT & SEAFOOD

COME VISIT STEVEN-MEAT & SEAFOOD



\$3⁹⁹ LB.
VALUE PACK

Local Bone-In Chicken Breasts
Draper Valley Farms

\$4⁹⁹ EA.

92% Lean Ground Chicken
1 lb. Perdue

LOCALLY SOURCED! **\$7⁹⁹ LB.**

Local Beef Bottom Round Steaks or Roast
Double R Ranch

\$9⁹⁹ EA.

Pacific Seafood Breaded Scallops
12 oz.

LOCALLY SOURCED! **\$6⁹⁹ LB.**
VALUE PACK

Local 85% Lean Ground Beef
Double R Ranch

LOCALLY SOURCED! **\$6⁹⁹ LB.**

Local Boneless Beef London Broil
Double R Ranch

LOCALLY SOURCED! **\$7⁹⁹ LB.**
VALUE PACK

Local 93% Lean Ground Beef
Painted Hills 100% Natural

\$7⁹⁹ LB.

Rock Fish Fillets
Wild Caught!

\$8⁹⁹ LB.

Organic Boneless Skinless Chicken Thighs
Smart Chicken

\$12⁹⁹ EA.

Holten's Chop House Smashed Burgers
32 oz.

\$12⁹⁹ LB.

Steelhead Fillets
Farm Raised!

LIQUOR & SPIRITS

\$27⁹⁹ EA.

Ghost Owl Whiskey
750 ml.
plus tax

\$24⁹⁹ EA.

Rainier Mountain Fresh Gin
750 ml.
plus tax

\$10⁹⁹ EA.

Fortside Brewing Local Ales
6 Pack

\$11⁹⁹ EA.

Pfriem Local Ales
6 Pack

\$10⁹⁹ EA.

Underwood Pinot Noir
750 ml.

\$16⁹⁹ EA.

La Marca Prosecco or Jam Cellars Butter Chardonnay
750 ml.

\$9⁹⁹ EA.

Buoy Brewing Local Ales
6 Pack

GROCERIES



COME VISIT JO-CASHIER



2\$5
for

Oroweat
English Muffins
6 ct. Selected Varieties



\$7.99
EA.
FIRST 1

Bandon Medium
Cheddar Cheese
2 lb. Block



2\$7
for

Local Umpqua
Flavored Milks
64 oz. Strawberry or Chocolate



\$3.99
EA.

Local Umpqua
Heavy Whipping Cream
32 oz.



2\$7
for

Franz Hawaiian Rolls,
Hawaiian Hot Dog Buns or
Hot Honey Hamburger Buns
8-12 Count



\$6.99
EA.

Local
Best Damn BBQ Sauce
20 oz. Selected Varieties



\$4.99
EA.

Kiki Organic
Plant-Based Milk
32 oz. Assorted Varieties



\$2.99
EA.

Fillo's Beans
10 oz. Assorted Varieties



\$2.99
EA.

De Cecco Pastas
13.25-16 oz. Assorted Varieties



\$3.99
EA.

Morning Star Farms
Vegetarian Entrees
5.25-10.5 oz. Assorted Varieties

GROCERIES

COME VISIT CINDY-CASHIER



USDA ORGANIC

2\$3 for

Mamma Chia
SEED YOUR SOUL

CHIA SQUEEZE
VITALITY SNACK

Blackberry Bliss

Wild Raspberry

NET WT 3.5 OZ (99g)

Mama Chia Organic Squeeze Packs
3.5 oz. Assorted Varieties

\$3.99 EA.

TALENTI
sorbetto

ROMAN RASPBERRY

TALENTI
gelato

SEA SALT CARAMEL

Talenti Gelato or Sorbetto
16 oz. Assorted Varieties

\$3.99 EA.

SIETE
GRAIN FREE TORTILLA CHIPS

SeaSalt

Siete Tortilla Chips
5 oz. Assorted Varieties

USDA ORGANIC

\$3.99 EA.

TCHO

CHOCO LATTE

Cashew Oat Milk Chocolate With Rich & Bold Coffee

TCHO Organic Chocolate Bars
2.1-2.5 oz. Assorted Varieties

USDA ORGANIC

\$5.99 EA.

Reed's
REAL GINGER ALE

ORIGINAL

Really →
*Real Ginger
*Classic Taste

CRISP • CLASSIC • CLEAN
12 FL. OZ (355 mL)

Reed's Ginger Ales
4 Pack Assorted Varieties

Wild Harvest

REAL FOOD • REAL VALUE

Wild Harvest offers quality, convenience, and cost savings you can feel good about using for the whole family.

USDA ORGANIC

\$5.99 EA.

Wild Harvest organic
CREAMY OLD FASHIONED PEANUT BUTTER

Wild Harvest Organic Peanut Butter
16 oz. Assorted Varieties

\$8.99 EA.

Wild Harvest
AVOCADO OIL

Wild Harvest Avocado Oil
17 oz. Assorted Varieties

2\$5 for

La COLOMBE
COFFEE

TRIPLE LATTE
BOLD & CREAMY

La Colombe Coffee Drinks
9-12 oz. Assorted Varieties

USDA ORGANIC

\$3.99 EA.

Wild Harvest organic
RANCH DRESSING

Wild Harvest Organic Dressings
12 oz. Assorted Varieties

\$3.99 EA.

Wild Harvest
STRAWBERRY FRUIT & GRAIN CEREAL BARS

Wild Harvest Cereal Bars
7.8 oz. Assorted Varieties

WELLNESS

COME VISIT KRISTEN-WELLNESS



\$16⁹⁹
EA.

**Organic India
Turmeric Capsules**
60 Count
Certified organic turmeric with
ginger and black pepper for
absorption.



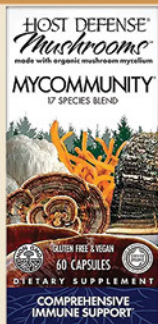
2/\$8

**Doctor Plotka's
Adult Toothbrushes**
1Pack
With flossing microbristles for
a deep clean. Red, Yellow, Blue,
or Green.



\$13⁹⁹
EA.

**CeramedX
Restoring Body Lotion**
12 oz.
Moisturizes and restores skin's natural
protection barrier. Fragrance free.



\$30⁹⁹
EA.

**Host Defense
MyCommunity Capsules**
60 Count
Blend of 17 mushroom species to
provide comprehensive immune
support.



\$11⁴⁹
EA.

**Beekeeper's Naturals Kids'
Immune Support Throat Spray**
1.06 oz.
With propolis to support the immune
system and soothe scratchy throats.



\$13⁷⁹
EA.

**Ener-C Vitamin C
Drink Mix Packets**
30 Count
1000 mg vitamin C per packet-no
artificial flavors or colors.
Assorted flavors.

CHUCK'S POTTING SHED

\$7⁹⁹
EA.

4.5 Inch
Assorted Mums



\$15⁹⁹
EA.

Dozen Red or
Assorted Color Roses
Does Not Include Vase or
Greens. Selected Colors.
Arranged Roses Available at
Market Pricing.



BULK FOODS

SKIP THE COST OF PACKAGING WHEN YOU BUY IN BULK!



\$2⁹⁹
LB.
GRIND YOUR
OWN NATURAL
PEANUT BUTTER
NO ADDITIVES, JUST PURE PEANUTS!



**15%
OFF**

All Bulk Trail Mix

MONTH LONG HOT BUYS!

LAND O' FROST
DELI SHAVED MEATS
8 OZ. ASSORTED VARIETIES

2/\$4.48

DE CECCO
PASTA
8.8-16 OZ. ASSORTED VARIETIES

\$3.68 EA.

FRESH EXPRESS
SALAD MIXES
6-11 OZ. SELECTED VARIETIES

\$3.98 EA.

FRANZ
BREAKFAST BREADS
20 OZ. ASSORTED VARIETIES

\$4.98 EA.

WHITE CLAW
VARIETY PACK
24 PACK

\$30.98 EA.

ST. PIERRE
BRIOCHE SLIDERS
14.1-16.9 OZ. ASSORTED

\$6.98 EA.

BOULDER CANYON
POTATO CHIPS
5.25-6.5 OZ. ASSORTED

\$3.48 EA.

CHICKEN, TUNA OR EGG
SALAD SANDWICHES
KITCHEN FRESH!

\$4.98 EA.

www.chucksfm.com

SALMON CREEK 2302 NE 117TH ST.
(360) 597-2160

MILL PLAIN 13215 SE MILL PLAIN BLVD.
(360) 597-2700