

WELCOME NEIGHBOR

Chuck's FRESH MARKETS

FRESH *is* BETTER *= HERE =*



PICK 5 Meat & Seafood SALE!

Must Purchase
in Groups of 5 in
the Specifically
Marked Packages

\$29.99
MIX OR MATCH

**PICK 5
MIX OR MATCH
\$29.99**



LOOK FOR
THE STICKER!

MORE ITEMS TO CHOOSE FROM INSIDE!

*Purchases of less than 5 will ring up at regular price. While supplies last. Special cuts and orders not included. Prices good through promotion.

SCAN TO JOIN FRESHMAIL!
Exclusive Savings + Digital Weekly Ad



instacart
GET THE BEST OF FRESH, DELIVERED TO YOUR DOOR.



EVERY TUESDAY
10% SENIOR DISCOUNT WITH I.D.

Prices Good Wednesday October 14 Through Tuesday October 20, 2026

Chuck's Hours: 7am-10pm Everyday!

Photos for illustrative purposes only. We reserve the right to correct printing errors. All limits are per household. No sales for resale or restaurants.

ORGANIC PRODUCE



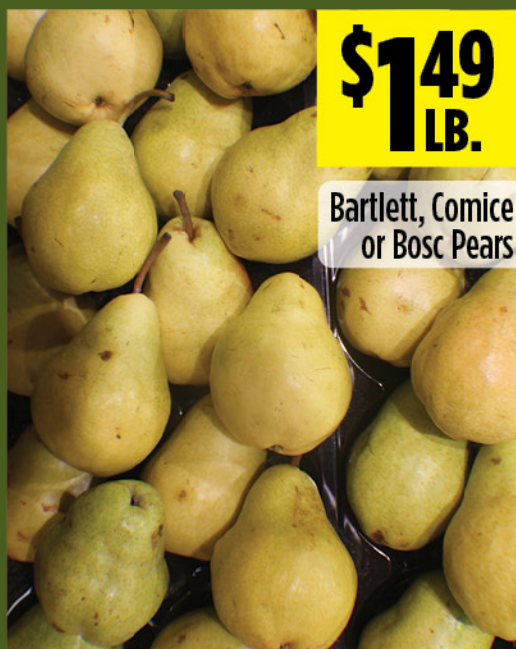
FRESH PRODUCE

COME VISIT MATTHEW-PRODUCE



**99¢
LB.**

Clip Top Carrots



**\$1.49
LB.**

Bartlett, Comice
or Bosc Pears



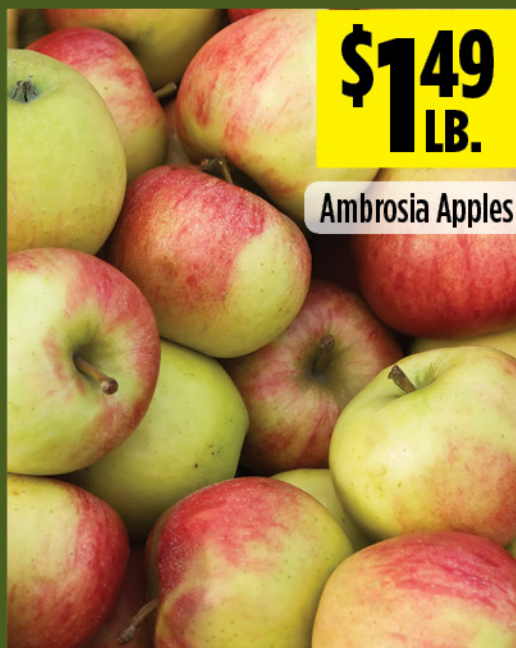
**\$1.29
LB.**

Hermiston
Sweet Onions



**\$2.29
LB.**

Cara Cara Oranges



**\$1.49
LB.**

Ambrosia Apples



**\$2.99
EA.**

Sweet Crunch
Peppers
1lb. Bag

KITCHEN & BAKERY

COME VISIT KELLY-BAKERY



Ask for a sample and see why fresh-sliced matters!

\$13⁹⁹ LB.

Boar's Head Cracked Pepper Mill Smoked Turkey
Sliced to order!

Your new favorite melt-friendly cheese!

\$11⁴⁹ LB.

Boar's Head Havarti Cheese
Sliced to order!

Chuck's Fresh Catering
Every party begins with us

Hot holiday meals-pickup or delivery
Pre-order your holiday meal from our catering department and enjoy it hot, fresh and ready for your perfect table
Call today to place your order!
Mill Plain
503-689-4305
CHUCKSFM.COM/CATERING-DEPARTMENT

SEE OUR MENU BY VISITING OUR WEBSITE OR SCANNING THE QR

\$9⁹⁹ EA.
ADD WAFFLE FRIES \$2

Our Western Smokehouse Ciabatta Burger
Fresh from the grill!

1/3 lb. Beef Patty • Honey Bourbon BBQ Sauce • Ciabatta Bun • Tillamook Smoked Cheddar Cheese • Crispy Onion Straws • Daily's Applewood Bacon

\$10⁹⁹ PKG.

Firecracker Sushi Roll
11 oz. Made Fresh Daily!

Buy a 24 oz. Blount Soup, Get a Chuck's Signature Sourdough Cannonball

FREE
While Supplies Last

\$8⁹⁹ EA.
24 OZ. BLOUNT SOUPS

Our Signature Sourdough Cannonballs
Made In-House by our Artisan Bakers!

BAKED TO PERFECTION

\$4⁹⁹ EA.

Our Signature Cinnamon Swirl Bread
Made In-House by our Artisan Bakers!

\$22⁹⁹ EA.

Our Signature Peanut Butter Chocolate Fudge Cake
6 inch Double Layer
Made In-House!

MEAT & SEAFOOD

COME VISIT JOHN-MEAT & SEAFOOD



PICK 5
Meat & Seafood
SALE!

PICK 5
MIX OR MATCH
\$29.99

**LOOK FOR
THE STICKER!**



Local 80% Lean
Ground Beef
Double R Ranch

PICK 5
MIX OR MATCH
\$29.99

**LOCALLY
SOURCED!**



Local Boneless
Beef for Stew
Double R Ranch

PICK 5
MIX OR MATCH
\$29.99

**LOCALLY
SOURCED!**



Cloverdale
Smoked Bacon
12 oz. Assorted Varieties

PICK 5
MIX OR MATCH
\$29.99



Tuna Portions
12 oz. Nature's Best

PICK 5
MIX OR MATCH
\$29.99



Local Boneless Beef
Cross Rib Steaks
USDA Choice Grade

PICK 5
MIX OR MATCH
\$29.99

**LOCALLY
SOURCED!**



Salmon
Fillets
16 oz. Arctic Shores

PICK 5
MIX OR MATCH
\$29.99



Hill's Premium Sausage
16 oz. Pork Hot & Mild Italian,
Chili & Paprika or Brats

PICK 5
MIX OR MATCH
\$29.99



Frozen Tilapia
16 oz. Arctic Shores

PICK 5
MIX OR MATCH
\$29.99



Wellshire All Natural
Lunch Meats
7 oz. Assorted Varieties

PICK 5
MIX OR MATCH
\$29.99



Raw
EZ Peel Shrimp
16 oz. 30/40 ct. Frozen
Sea Best

PICK 5
MIX OR MATCH
\$29.99



Miller's Beef Franks
12 oz.

PICK 5
MIX OR MATCH
\$29.99



Aidells Gourmet
Chicken Sausage
12 oz. Naturally Smoked

PICK 5
MIX OR MATCH
\$29.99



Local Gourmet
Applewood Bacon
10 oz. Hempler's

PICK 5
MIX OR MATCH
\$29.99



Perdue Chicken Nuggets,
Tenders or Patties
28.8-29 oz.

PICK 5
MIX OR MATCH
\$29.99

**LIQUOR &
SPIRITS**



\$27.99
EA.

Jameson
Irish Whiskey
750 ml.
plus tax



\$13.99
EA.

Platinum
Vodka
750 ml.
plus tax



\$10.99
EA.

Backwoods
Brewing
Local Beers
6 Pack



\$9.99
EA.

Everybody's
Brewing
Local Ales
6 Pack



\$16.99
EA.

Pike Road
Pinot Noir
750 ml. Locally Made
**CHUCK'S 2027
RED WINE
OF THE YEAR!**



10% OFF

ALL BOXED
WINES
3 Liter



\$11.99
EA.

Blue Moon
Belgian Ales
6 Pack

GROCERIES

COME VISIT JOSIE-CASHIER



Sara Lee
Artesano Breads
20 oz. Assorted Varieties



Purely Elizabeth.
Organic Granola
8-12 oz. Assorted Varieties



Siggis Yogurt
4.4-6 oz. Assorted Varieties



Annie's
Mac and Cheese
5.25-6 oz. Assorted Varieties



Near East Mixes
6.09-10 oz. Assorted Varieties



Abbot's Plant-Based
Meat Alternatives
8-10 oz. Assorted Varieties



Cento Tomatoes
28 oz. Assorted Varieties



Nut Pods
Dairy-Free Creamers
25.4 oz. Assorted Varieties



My Mochi Ice Cream
6 Count Assorted Varieties

GROCERIES

COME VISIT JUNE-CASHIER & BULK MANAGER



2\$5
for

Darrell Lea
CHEWYST X
Green Apple
CHEWYST X
Mixed Fruit

Darrell Lea
Chewy Stix
7 oz. Assorted Varieties

\$1.99
EA.

Real Foods
CORN THINS
Sesame

Real Foods Corn Thins
5-5.3 oz. Assorted Varieties

\$2.99
EA.

Milton's
Everything
GLUTEN FREE CRACKERS

Milton's Craft Bakers
Crackers
4.5 oz. Selected Varieties

\$2.99
EA.

Birdie & Louie
Chicken & Turkey
Dog Food Entrée

Birdie & Louie
Canned Dog Food
13 oz. Assorted Varieties

\$6.99
EA.

Hop Water
Non-alcoholic
CLASSIC
A refreshing, sparkling beverage that tastes crisp, citrusy, and piney

Hop Water
6 Pack Assorted Varieties

Wild Harvest

REAL FOOD • REAL VALUE
Wild Harvest offers quality, convenience, and cost savings you can feel good about using for the whole family.

2\$5
for

Wild Harvest Organic
Coconut Milk
13.5 oz.
Assorted Varieties

2\$3
for

Wild Harvest Organic
Recipe Beans
16 oz.
Assorted Varieties

\$1.99
EA.

Gerolsteiner
Sparkling Natural Mineral Water

Gerolsteiner Mineral Water
25.3 oz.

\$3.99
EA.

Wild Harvest Omega-3
Cage Free Brown Eggs
1 Dozen
Grade A

\$3.49
EA.

Wild Harvest
Dishwashing Liquid
24 oz.
Assorted Varieties

WELLNESS

COME VISIT KRISTEN-WELLNESS



\$16⁹⁹
EA.

Melora Manuka
Honey & Oil Moisturizer
1.7 oz.
Natural humectants capture
and lock in moisture without
clogging pores.



\$9⁹⁹
EA.

Earth Science CeramedX
Extra Gentle Body Cleanser
6 oz.
Designed for dry, sensitive skin.
Fragrance- and sulfate-free.



\$12⁹⁹
EA.

Natural Factors
Garlic + Reishi Capsules
120 Count
Provides cardiovascular, immune,
and adaptogenic support.



\$23⁹⁹
EA.

Host Defense
Mushroom Powders
100 gm.
Shiitake, Turkey Tail, or Lion's
Mane. Add to smoothies, soups
or other recipes.



\$8⁹⁹
EA.

PRI Manuka
Honey Lemon Lollipops
12 Count
Manuka Honey and Propolis
soothe sore throats and support
the immune system.



\$24⁹⁹
EA.

Sunwarrior
Protein Warrior Blend
13.2 oz.
Delicious blend of certified
organic pea, hemp, and goji protein.

CHUCK'S POTTING SHED

\$13⁹⁹
EA.

2 Inch
Phalaenopsis Orchid



\$16⁹⁹
EA.

Dozen Red or
Assorted Color Roses
Does Not Include Vase or
Greens. Selected Colors.
Arranged Roses Available at
Market Pricing.



**BULK
FOODS**

SKIP THE COST OF PACKAGING WHEN YOU BUY IN BULK!



\$2⁹⁹
LB.
GRIND YOUR
OWN NATURAL
PEANUT BUTTER
NO ADDITIVES, JUST PURE PEANUTS!



**15%
OFF**

MONTH LONG HOT BUYS!

COLEMAN GROUND
PORK SAUSAGE
16 OZ. ASSORTED VARIETIES
\$4.98 EA.

SUNGOLD
KIWIS
1 LB. CLAMSHELL
\$4.98 EA.

MICHELLOB
ULTRA BEER
12 PACK
\$14.98 EA.

CHOCOLOVE
CHOCOLATE BARS
2.9-3.2 OZ. ASSORTED
\$3.95 EA.

BEN & JERRY'S
ICE CREAM
1 PINT ASSORTED VARIETIES
\$4.98 EA.

FRANZ PEANUT BUTTER
OR MOLASSES COOKIES
11.5-12.5 OZ.
\$3.98 EA.

BAKERY
CROISSANTS
6 COUNT
\$4.98 EA.

BLOUNT FAMILY KITCHEN
CHICKEN POT PIES
12 OZ. ASSORTED VARIETIES
\$4.98 EA.

www.chucksfm.com

SALMON CREEK 2302 NE 117TH ST.
(360) 597-2160

MILL PLAIN 13215 SE MILL PLAIN BLVD.
(360) 597-2700